

## Intro

FabuRocks was created and inspired by our daughter FABU to help her with speech delay, learning disabilities, and ADHD at home. Our desire to help FABU led us to use gaming, unboxing videos, and live streaming as the primary therapeutic tool that produced quicker and more significant improvement than she had ever obtained through conventional therapy.

Now that FABU is older, she is no longer embarrassed for us, as a family, to openly discuss the obstacles she faces daily. After seeing her significant improvement over the years, she now understands the importance of being verbal about her disabilities, what we do, and how we do it to empower others like her.

For this reason, we have decided to create a Podcast to share our story, how we got here and where we are headed as we openly discuss our: Experiences, Methods, Techniques, what has worked, what has NOT worked, our frustrations, how we overcome our challenges and our plans.





#### **SEASON 1**

# Episode 8

## OMG! People are watching us.

At this point, we had around 15 videos posted on YouTube between the DIY gummies and the toy unboxings. We had believed that having a YouTube channel would be a fantastic way of having an archive where we could see Fabu's progress throughout time. Her YouTube channel was also a way for family and friends to see her improvement. We soon noticed that random people were following the channel and also making comments on the videos posted. Fabu was the first one to notice that we had reached 100 followers on YouTube.

We were so surprised that our content was being watched and people commenting, but nobody knew what we were doing. Their comments were based on the actual content of the video.

We were not ready to openly speak about Fabu's speech delay, ADHD, and learning disabilities. Fabu was even less prepared, and we did not want to take away from the positive results we were obtaining.

We knew that with the positive results we were obtaining, we would want to speak with other parents going through the same issues so that we could help. However, at that time, it was too soon, and we were not prepared.

Look at us now; it only took us four years.

#### **SEASON 1**

# **Previous Episodes**

### Episode 0

About Us 03/22/2021

### **Episode 1**

How We Started 03/22/2021

### Episode 2

First Therapy Session 03/29/2021

### **Episode 3**

The AHA Moment 04/05/2021

### **Episode 4**

Hitting Reality 04/12/2021

### Episode 5

Equipping Ourselves 04/19/2021

### Episode 6

Getting the Right Software 04/26/2021

## Episode 7

Therapy for the Therapist 05/03/2021

# **Upcoming Episodes**

### **Episode 9**

IRL Therapy 05/17/2021

### Episode 10

Pokémon Go Fever Hit 05/24/2021



### FabuRocks Podcast

### SEASON 1

### Episode 11

Pokémon Go Burnout 05/31/2021

### Episode 12

Gaming therapy begins 06/07/2021

## Episode 13

Unboxing Therapy 06/14/2021

### Episode 14

Gaming on Multiple Platforms 06/21/2021

### Episode 15

Live Streaming for the First Time 06/28/2021



#### **SEASON 1**







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