



1 F A M I L Y S T R E A M

SEASON 1

Intro

FabuRocks was created and inspired by our daughter FABU to help her with speech delay, learning disabilities, and ADHD at home. Our desire to help FABU led us to use gaming, unboxing videos, and live streaming as the primary therapeutic tool that produced quicker and more significant improvement than she had ever obtained through conventional therapy.

Now that FABU is older, she is no longer embarrassed for us, as a family, to openly discuss the obstacles she faces daily. After seeing her significant improvement over the years, she now understands the importance of being verbal about her disabilities, what we do, and how we do it to empower others like her.

For this reason, we have decided to create a Podcast to share our story, how we got here and where we are headed as we openly discuss our: Experiences, Methods, Techniques, what has worked, what has NOT worked, our frustrations, how we overcome our challenges and our plans.



SEASON 1

Episode 7

Therapy for the Therapist

So, we now have the equipment and software and are ready to take it to the next level!!

Quickly we found that making DIY gummy videos was taking us too much time. We ended up more stressed than ever before. Fabu would start off very motivated to help but soon would lose interest and leave us making the gummy while she went off to watch TV or play.

The good news was that we were still getting good results but needed to make some changes.

By this point, we knew that the recipe for therapeutic success was creating the YouTube videos, not so much the actual content of the video. So, we started to look for what content would be next.

We asked Fabu for other things that interested her and what she would like to do for her following videos. At that time, Fabu watched several channels that did toy unboxing videos and excitedly told us that she wanted to do it herself. We watched several of these videos and decided to take a trip to ToysRus. Yes, ToysRUs was still open at that time. We discovered many adorable new collectible toys like the Shopkins, Unicornios, Twozies, Squinkies dew drops, and so many others. What we found the most interesting was that each of the little toys had a specific name. We believed that her ability to pronounce each of the little toys' names would be an excellent therapeutic tool for her to practice and find fun and engaging.

To keep Fabu engaged, we decided to switch up filming from home and go out to a new location.

We knew that recording at home sometimes ended with us being frustrated due to the long hours. We wanted to improve the mood by making it fun and going to different places like the park and Chuck e cheese.

This was when we started making toy unboxing videos.



SEASON 1

Previous Episodes

Episode 0

About Us

03/22/2021

Episode 1

How We Started

03/22/2021

Episode 2

First Therapy Session

03/29/2021

Episode 3

The AHA Moment

04/05/2021

Episode 4

Hitting Reality

04/12/2021

Episode 5

Equipping Ourselves

04/19/2021

Episode 6

Getting the Right Software

04/26/2021

Upcoming Episodes

Episode 8

OMG! People are watching us

05/10/2021

Episode 9

IRL Therapy

05/17/2021

Episode 10

Pokémon Go Fever Hit

05/24/2021



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Episode 11

Pokémon Go Burnout

05/31/2021

Episode 12

Gaming therapy begins

06/07/2021

Episode 13

Unboxing Therapy

06/14/2021

Episode 14

Gaming on Multiple Platforms

06/21/2021

Episode 15

Live Streaming for the First Time

06/28/2021



SEASON 1



SEASON 2

Coming soon

