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SEASON 1

Intro

FabuRocks was created and inspired by our daughter FABU to help her with speech delay, learning disabilities, and ADHD at home. Our desire to help FABU led us to use gaming, unboxing videos, and live streaming as the primary therapeutic tool that produced quicker and more significant improvement than she had ever obtained through conventional therapy.

Now that FABU is older, she is no longer embarrassed for us, as a family, to openly discuss the obstacles she faces daily. After seeing her significant improvement over the years, she now understands the importance of being verbal about her disabilities, what we do, and how we do it to empower others like her.

For this reason, we have decided to create a Podcast to share our story, how we got here and where we are headed as we openly discuss our: Experiences, Methods, Techniques, what has worked, what has NOT worked, our frustrations, how we overcome our challenges and our plans.



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Episode 14

Gaming on Multiple Platforms

Fabu had not been exposed to gaming on multiple platforms such as Xbox and VR. VR gaming had just come out, and Fabu wanted to play VR games often. These were not only fun for her but all of us as a family.

Our strategy was to expose her to a variety of gaming choices besides pc games like Minecraft and Roblox and app games like plants vs. zombies. We knew that eventually, she would pick the games that she was most comfortable with or piqued her interest the most.

She initially was very interested in VR games and was fascinated by them. We recorded a lot of VR games, including her most favorite, Job Simulator. The therapeutic tool with these videos was for her to describe her surroundings, what she was doing and what she was about to do. Since VR was so new, we did not know if there would be any long-term effects on her vision, so we decided to take a break from VR and encourage her to play any other games on either Xbox, pc, or mobile.

She decided to go back to PC games, where she was most comfortable. Fabu began choosing to play scary games, which was no surprise as she always liked to watch scary movies.

Trust us; this was not something we encouraged since neither one of us really like scary movies, especially FabuDad.

She started playing PC games like Five Nights at Freddie and Dead by Daylight. She was captivated by playing these scary games, especially Dead by Daylight because she played online with others. Even though she was not interacting directly with them, this was something she enjoyed since she had started playing online in Roblox.

After seeing her interest in some shooter games on VR, we decided to introduce her to Overwatch on PC. Overwatch was a recent release at that time and looked like a game she would enjoy.

Today, five years later, Overwatch and Dead by Daylight are 2 of her favorite games, which she still plays regularly.

We took a break from gaming on PC and introduced her to Xbox games. Fabu went through all the games on Xbox and chose Resident Evil 7 as her first Xbox game to play. We were not surprised that she had gone back to her favorite genre of choice. She played Resident Evil 7 so intensely and got into it in a way we never



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imagined. She has played other Resident Evil games through the years but will always say that her most favorite one has been Resident Evil 7.

During her recordings of the scary games, the positive outcome was that she expressed herself more and used a more expansive vocabulary.



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Previous Episodes

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About Us

03/22/2021

Episode 1

How We Started

03/22/2021

Episode 2

First Therapy Session

03/29/2021

Episode 3

The AHA Moment

04/05/2021

Episode 4

Hitting Reality

04/12/2021

Episode 5

Equipping Ourselves

04/19/2021

Episode 6

Getting the Right Software

04/26/2021

Episode 7

Therapy for the Therapist

05/03/2021

Episode 8

OMG! People are watching us

05/10/2021

Episode 9

IRL Therapy

05/17/2021

Episode 10

Pokémon Go Fever Hit

05/24/2021



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Episode 11

Pokémon Go Burnout

05/31/2021

Episode 12

Gaming therapy begins

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Episode 13

Unboxing Therapy

06/14/2021

Upcoming Episodes

Episode 15

Live Streaming for the First Time

06/28/2021



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SEASON 2

Coming soon

