



# 1 F A M I L Y S T R E A M

SEASON 1

## Intro

FabuRocks was created and inspired by our daughter FABU to help her with speech delay, learning disabilities, and ADHD at home. Our desire to help FABU led us to use gaming, unboxing videos, and live streaming as the primary therapeutic tool that produced quicker and more significant improvement than she had ever obtained through conventional therapy.

Now that FABU is older, she is no longer embarrassed for us, as a family, to openly discuss the obstacles she faces daily. After seeing her significant improvement over the years, she now understands the importance of being verbal about her disabilities, what we do, and how we do it to empower others like her.

For this reason, we have decided to create a Podcast to share our story, how we got here and where we are headed as we openly discuss our: Experiences, Methods, Techniques, what has worked, what has NOT worked, our frustrations, how we overcome our challenges and our plans.



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## Episode 11

### Pokémon Go Burnout

We spent way too much time on Pokémon Go and knew that Fabu would lose interest at one point or another.

Fabu is young, and with ADHD, her attention on something does not last long.

Her interest in Pokémon Go lasted longer than we ever expected.

We knew that her therapy needed to evolve into something new. By this point, we had done DIY, unboxing toys, IRL, Pokémon Go and learned different things along the way.

DIY was great for Fabu to explain what she was doing

Toy unboxing was a success going to different locations that were fun and exciting

IRL helped her develop her social skills more than we anticipated.

Pokémon GO had all of the previously mentioned positive facts and held Fabu's interest the longest.

We knew that whatever we were going to do next needed to have each of these factors.



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## Previous Episodes

### Episode 0

About Us

03/22/2021

### Episode 1

How We Started

03/22/2021

### Episode 2

First Therapy Session

03/29/2021

### Episode 3

The AHA Moment

04/05/2021

### Episode 4

Hitting Reality

04/12/2021

### Episode 5

Equipping Ourselves

04/19/2021

### Episode 6

Getting the Right Software

04/26/2021

### Episode 7

Therapy for the Therapist

05/03/2021

### Episode 8

OMG! People are watching us

05/10/2021

### Episode 9

IRL Therapy

05/17/2021

### Episode 10

Pokémon Go Fever Hit

05/24/2021



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## Upcoming Episodes

### Episode 12

Gaming therapy begins

06/07/2021

### Episode 13

Unboxing Therapy

06/14/2021

### Episode 14

Gaming on Multiple Platforms

06/21/2021

### Episode 15

Live Streaming for the First Time

06/28/2021



SEASON 1



SEASON 2

Coming soon

