



1 F A M I L Y S T R E A M

SEASON 1

Intro

FabuRocks was created and inspired by our daughter FABU to help her with speech delay, learning disabilities, and ADHD at home. Our desire to help FABU led us to use gaming, unboxing videos, and live streaming as the primary therapeutic tool that produced quicker and more significant improvement than she had ever obtained through conventional therapy.

Now that FABU is older, she is no longer embarrassed for us, as a family, to openly discuss the obstacles she faces daily. After seeing her significant improvement over the years, she now understands the importance of being verbal about her disabilities, what we do, and how we do it to empower others like her.

For this reason, we have decided to create a Podcast to share our story, how we got here and where we are headed as we openly discuss our: Experiences, Methods, Techniques, what has worked, what has NOT worked, our frustrations, how we overcome our challenges and our plans.



SEASON 1**Episode 3****The AHA Moment**

After having a rough first day of shooting and not knowing if it was a humungous fail, it was time to look at the footage we had. FabuDad had never edited a video in his life. After many tutorials that taught him everything from intro to outro, transitions, overlays, lower thirds, and everything needed for a video to look good, his goal was to create something as cool and fun as what Fabu was already watching other channels. He wanted her to feel proud and happy with the results when she saw herself, hoping this would encourage her to make videos.

FabuDad took several days to edit the first video on our home PC, not a PC designed for editing. He struggled with rendering the 4k video, so he did as best as he could, cutting it so that it would finally render. A 6 min and 42-sec video took nearly all day to render. FabuDad was beyond frustrated but remained hopeful and somehow proud of what we had just done.

The moment arrived to premiere our first video. We left early from work that day and picked up Fabu from school, rushing home to watch the video.

We sat down as a family to watch our first video together. Each of us was excited and afraid to watch at the same time. We were unsure of our results. Uncertain of our method and if we had to find alternative approaches which would work. Nevertheless, we were hopeful and determined to help Fabu no matter what.

FabuMom's reaction – After watching the video, I loved it. I was impressed with the quality of the work. I could not believe FabuDad could make a video so well put together from all the filming we had done. All the scene transitions looked so cool, and how he incorporated the snapchats for dramatic purpose. I laughed, seeing myself stirring the gummies remembering how Fabu had left us alone in the whole gummy-making process. The bloopers were so funny. I loved how the bloopers highlighted Fabu's fun personality, and you could tell how much fun she was having while filming.

FabuDad's reaction – As I went through all the raw footage, I found that Fabu was unable to say many things correctly and often unable to put more than two words together. This made the editing process that much harder. My goal was to make at least a 5-minute video, but I did not think I could do it by editing one word here and there. I quickly noticed that we had plenty of what we called "bloopers" of her goofing around and not saying things correctly. I decided to add those bloopers because, in reality, it was just her being herself and having fun. My goal was for Fabu to feel it was a funny and entertaining video enough for her to want to continue doing it again.

Fabu loved the video as well. We noticed that as she watched, she was correcting herself. She could say words and phrases after seeing herself in the video that she had been previously unable to. We could not believe what we were seeing and hearing. Right before our eyes, she was able to pronounce, remember and correctly repeat what she was watching.

The AHA moment was realizing that the therapy was never in the filming of the video. After the creation of the video, it was in reality, her watching herself and then being able to repeat what she had said without skipping a beat correctly.



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Who would have thought the bloopers would be the main factor in Fabu's therapy. This is where all her mistakes were highlighted and being presented in a funny way. Fabu knew and recognized how to say whatever she had previously been unable to say correctly.

Overall, we felt happy and more hopeful than ever now, knowing that we had a more significant success than we ever expected. We fully embraced doing more late-night gummies for the sake of Fabu's progress.



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Previous Episodes

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About Us

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Episode 1

How We Started

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Episode 2

First Therapy Session

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Upcoming Episodes

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Hitting Reality

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Episode 5

Equipping Ourselves

04/19/2021

Episode 6

Getting the Right Software

04/26/2021

Episode 7

Therapy for the Therapist

05/03/2021

Episode 8

OMG! People are watching us

05/10/2021

Episode 9

IRL Therapy

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Episode 10

Pokémon Go Fever Hit

05/24/2021



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Episode 11

Pokémon Go Burnout

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Episode 12

Gaming therapy begins

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Episode 13

Unboxing Therapy

06/14/2021

Episode 14

Gaming on Multiple Platforms

06/21/2021

Episode 15

Live Streaming for the First Time

06/28/2021



SEASON 1



SEASON 2

Coming soon

