



1 F A M I L Y S T R E A M

SEASON 1

Intro

FabuRocks was created and inspired by our daughter FABU to help her with speech delay, learning disabilities, and ADHD at home. Our desire to help FABU led us to use gaming, unboxing videos, and live streaming as the primary therapeutic tool that produced quicker and more significant improvement than she had ever obtained through conventional therapy.

Now that FABU is older, she is no longer embarrassed for us, as a family, to openly discuss the obstacles she faces daily. After seeing her significant improvement over the years, she now understands the importance of being verbal about her disabilities, what we do, and how we do it to empower others like her.

For this reason, we have decided to create a Podcast to share our story, how we got here and where we are headed as we openly discuss our: Experiences, Methods, Techniques, what has worked, what has NOT worked, our frustrations, how we overcome our challenges and our plans.



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Episode 1

How We Started

From the moment Fabu started vocalizing, she seemed to have her own language, which sometimes only FabuMom would understand. Fabu has always been a happy kid and expressed herself by hugging people. When asked a question she did not understand, she would answer in her way, smile, hug you, and leave you clueless about what she had just said. Never did she become upset when she was not understood.

We thought the delay initially was because since we are a bilingual family, which not only did we speak to her in both English and Spanish, but so did her grandparents and extended family. We believed Fabu was just confused by both languages, and it was just taking her a little longer.

Fabu had reached her walking milestone at an earlier age than most other children. Her pediatrician had said that other milestones such as language often take a little longer to develop when this happens.

Fabu did not start attending daycare until she was three years old. Fabu's grandparents spent most of the day with her while FabuParents were at school and work. We believed this also had to do with the delay in speech because they catered to her every need, and she did not need to say much to obtain what she wanted and more. All she would need to do is point a finger, and she would get whatever she wanted. We believed that she would immediately catch up to where she needed to be regarding her speech as soon as she started school.

Despite her lack of vocabulary and speech, Fabu always made sure you understood her by her gestures and acting out what she wanted to say.

Fabu was formally diagnosed with speech delay at four years old. She started receiving speech therapy 2 x week. We were hopeful that with therapy, she would quickly overcome the delay. We knew that therapy needed to be aggressive and agreed to 2 x week.

Her speech therapist was going to Fabu's daycare 2 x week. She would get pulled out of her class for each session. We were hopeful that Fabu would obtain results quickly.

Fabu went through 3 different therapists within two years. Each of them had the same feedback: Fabu was a happy and friendly kid who lacked interest during the session, was usually not engaged, did not pay attention, and rejected participating in therapy overall. Fabu's improvement was minimal during this time, and we became increasingly more concerned.

As first grade was just around the corner, we became worried about all the possible issues that Fabu could face if she did not significantly improve her speech, such as social issues, behavior issues, anxiety, and depression. For this reason, we decided to take matters into our own hands.



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Based on the therapists' feedback, our first task was to look for something that she was interested in, wanted to be a part of, and thought was fun. It was time to get creative!

We tested her level of interest with many things she liked at that time. We looked for something she found entertaining and was engaged with for long periods of time. We found that she enjoyed many things but most did not capture her attention for long enough.

We discovered that what most captured her attention was when she watched several kid-friendly YouTube channels and their content. She kept bugging us about letting her have her own YouTube channel, something we had never even considered. In a moment of appearing to entertain her idea, we asked her to use her tablet and record herself and make a video of what she would like for us to put on YouTube. We never imagined she would go and do it. To our surprise, she made several videos which showed her expressing herself better than we had ever seen or heard her before. This showed us that she had focused her attention on making those videos, which was something she was interested in and seemed to provide some hope.

We continued to entertain this idea and keep our promise of creating a YouTube channel for her and, with a camera, headed to a park to film her official INTRO video. After we saw how motivated and engaged, she was during filming, we decided to create a YouTube channel for Fabu, named FabuRocks. Fabu, short for Fabulous, has been her nickname since she was born, and Rocks came from her obsession with collecting rocks from wherever we went, where she had a story for each rock she had.



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Previous Episodes

Episode 0

About Us

03/22/2021

Upcoming Episodes

Episode 2

First Therapy Session

03/29/2021

Episode 3

The AHA Moment

04/05/2021

Episode 4

Hitting Reality

04/12/2021

Episode 5

Equipping Ourselves

04/19/2021

Episode 6

Getting the Right Software

04/26/2021

Episode 7

Therapy for the Therapist

05/03/2021

Episode 8

OMG! People are watching us

05/10/2021

Episode 9

IRL Therapy

05/17/2021



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Episode 10

Pokémon Go Fever Hit

05/24/2021

Episode 11

Pokémon Go Burnout

05/31/2021

Episode 12

Gaming therapy begins

06/07/2021

Episode 13

Unboxing Therapy

06/14/2021

Episode 14

Gaming on Multiple Platforms

06/21/2021

Episode 15

Live Streaming for the First Time

06/28/2021



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SEASON 2

Coming soon

