



Intro

FabuRocks was created and inspired by our daughter FABU to help her with speech delay, learning disabilities, and ADHD at home. Our desire to help FABU led us to use gaming, unboxing videos, and live streaming as the primary therapeutic tool that produced quicker and more significant improvement than she had ever obtained through conventional therapy.

Now that FABU is older, she is no longer embarrassed for us, as a family, to openly discuss the obstacles she faces daily. After seeing her significant improvement over the years, she now understands the importance of being verbal about her disabilities, what we do, and how we do it to empower others like her.

For this reason, we have decided to create a Podcast to share our story, how we got here and where we are headed as we openly discuss our: Experiences, Methods, Techniques, what has worked, what has NOT worked, our frustrations, how we overcome our challenges and our plans.







Episode 0

About Us

FabuRocks was created and inspired by our daughter FABU to help her with speech delay, learning disabilities, and ADHD at home.

At the age of 4, FABU was diagnosed with speech delay and immediately started going to speech therapy twice a week. After two years and minimal improvements, FABU was in 1st grade and testing 3-grade levels below in speech and reading.

By 2nd grade, FABU showed symptoms of ADHD and learning disabilities such as dyslexia and language processing issues. The school developed an IEP (Individualized Education Plan) to help meet her school needs and goals.

We decided to take matters into our own hands as we faced our biggest fear, which was FABU in 1st grade, with a considerable delay in communication, knowing that this could lead to or trigger further mental health issues later in life wanted to avoid.

Our desire to help FABU led us to use gaming, unboxing videos, and live streaming as the primary therapeutic tool that produced quicker and more significant improvement than we ever imagined.

Now that FABU is older, she is no longer embarrassed for us, as a family, to openly discuss the obstacles she faces daily. After seeing her significant improvement over the years, she now understands the importance of being verbal about her disabilities, what we do and how we do it to empower others like her.

Currently, FABU is in 6th grade and testing at grade level in reading and vocabulary and getting A's and B's in all her classes. She's social, outspoken, frequently participates in class, and is passionate about Math and literature.

FABU's accomplishments as a content creator are many, from being the youngest YouTube Gaming Partner at the age of 7 to currently being the Youngest FaceBook Gaming partner and sponsored by several of the biggest name brands in gaming such as Turtle Beach, ROCCAT, and G-Fuel.

She's the founder and leader of the FabuArmy, a clan that empowers and supports young content creators like herself.

For this reason, we have decided to create a Podcast, and our goals are to educate parents, create awareness, and for FABU's voice to be heard as we share our story, how we got here, and where we are headed. We will openly discuss our experiences, methods, techniques, what has worked, what has NOT worked, our frustrations, how we overcome our challenges, and our plans.





FabuMom background

- Over 10yrs Experience with the Florida Department of Children and Families/child abuse investigations
- Master in Mental Health Counseling

FabuDad background

- Over 10yrs Ecommerce Experience
- AA Computer Science
- BA Business Administration

We invite you to join us on our daily journey, where every day is a new therapy session.





Upcoming Episodes

Episode 1

How We Started 03/22/2021

Episode 2

First Therapy Session 03/29/2021

Episode 3

The AHA Moment 04/05/2021

Episode 4

Hitting Reality 04/12/2021

Episode 5

Equipping Ourselves 04/19/2021

Episode 6

Getting the Right Software 04/26/2021

Episode 7

Therapy for the Therapist 05/03/2021

Episode 8

OMG! People are watching us 05/10/2021

Episode 9

IRL Therapy 05/17/2021

Episode 10

Pokémon Go Fever Hit 05/24/2021





Episode 11

Pokémon Go Burnout 05/31/2021

Episode 12

Gaming therapy begins 06/07/2021

Episode 13

Unboxing Therapy 06/14/2021

Episode 14

Gaming on Multiple Platforms 06/21/2021

Episode 15

Live Streaming for the First Time 06/28/2021





SEASON 2

Coming soon

